



GALIA

Wellness Services

Accessible Affordable Mental Health Care for Northern Manitoba

Confidential Counselling & Psychotherapy

Supporting children, youth, adults & families.

In-person & virtual sessions available.

You don't have to carry it alone.

(431) 830 - 4545

1(888) 664 - 6458 - Toll Free

www.galiawellness.ca



Direct Billing to wide range of insurers through our partnership with TELUS Health

Sliding Scale for the uninsured thanks to Community Sponsorships